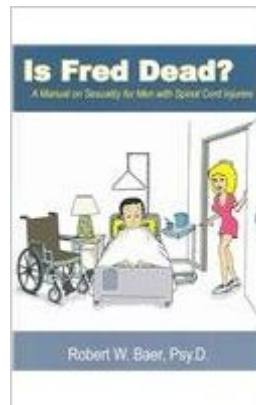




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# Is Fred Dead? A Manual On Sexuality For Men With Spinal Cord Injuries



## Synopsis

Is Fred Dead? A Manual on Sexuality for Men with Spinal Cord Injuries addresses issues closely related to men's perception of self-worth and self-esteem. While a great deal of the research related to the sexuality of men with SCIs has focused on fertility, the medical community has often ignored other aspects of sexuality. Robert W. Baer, Psy.D., offers detailed and useful information for resuming sexual relations and developing an increased level of intimacy. Sexual anatomy is discussed, as is the sexual response cycle, erectile dysfunction, fertility techniques, positions, and sexual aids. Is Fred Dead? A Manual on Sexuality for Men with Spinal Cord Injuries offers candid and welcome assistance to those struggling to make a positive adjustment to their lives.

## Book Information

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## Customer Reviews

Robert W. Baer, Psy.D., was born and raised in central Pennsylvania. At the age of seventeen he suffered a spinal cord injury as the result of a diving accident. Dr. Baer has twelve years of experience working in community mental health and private rehabilitation. Together with his wife of eleven years, Susan, Dr. Baer presents seminars on sexuality and disabilities, erectile dysfunction, and living with a spouse with a disability.

Very informative and easy to understand. It's so great to read material from someone who is experiencing a spinal cord injury first hand.

Men with spinal cord injuries have questions on sexuality and self-worth, but most studies on the topic narrow the focus to the concern of fertility. Robert Baer has had years of experience working in community mental health and private rehabilitation, presenting seminars on sexuality and disabilities: *Is Fred Dead? A Manual On Sexuality For Men With Spinal Cord Injuries* is a practical manual on sexuality for men with spinal cord injuries which addresses issues ranging from dating and understanding the sexual response cycle to sex alternatives.

Dr. Baer has covered all the essential topics that a male with a SCI would want to know: from detailed anatomic drawings to illustrate positions, to relationship issues (e.g., how to handle catheters in an intimate situation) and how to handle the interpersonal issues. This is a thoughtful, rigorous book that is educational, not purient, and written from first-hand experience. For both patients and their loved ones.

My boyfriend has an SCI at the C2 level and I bought the book to help me know more about what it is like for him. He read the book also and learned things he did not know about himself even after he has been disabled for 17 years so I guess there is always something new you can learn and I learned a lot from this book myself.

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